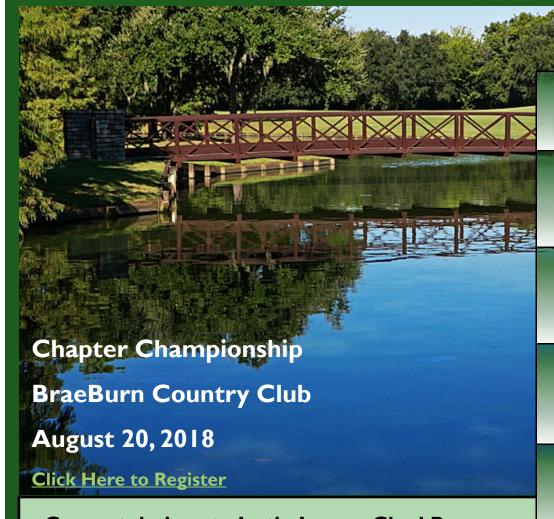


TEE TO GREEN

The Official Publication of the South Texas Golf Course Superintendents Association



Congratulations to Justin Lonon, Chad Barrum, Pierce Reid, & Aaron Cohen for winning 1st Place at Member/Guest/Guest/Guest

Thank you to
Ed Martinez at
Deerwood for
hosting this
fun event!

(see page 3 for more results)



Meeting Schedule

August 11, 2018
Scholarship Banquet
Bay Oaks Country Club

August 20, 2018
Chapter Championship
BraeBurn Country Club

September 11, 2018 Superintendent / Pro Blackhawk Golf Club

September 16 - 18, 2018

Lone Star Texas Trophy

Corpus Christi Country Club

October 8, 2018

Education

Northgate

November 6, 2018
Annual Meeting &
Past Presidents Meeting
Kingwood Country Club

President's Message—Kyle Brown

The dog days of summer are upon us. With school starting up in less than a month and September around the corner after that, it is nice to know that fall and football will be here soon. Seeing that it is the middle of summer and most of us have experienced heat in-



dexes well above 100 remember to take care of yourselves, your families and your crews. It is easy to become dehydrated in this heat and humidity if someone is not paying attention to their body and drinking enough water. My heart breaks every year when a news story comes across about a child left in a hot car. At my youngest daughters school they must have talked to the kids about reminding their parents to get them out of the car. About a month ago she started knocking on the window when we would park and asking for us to get her out of her car seat. It makes us laugh every time she does it but it is a good reminder.

We had a great turnout for our Member/Guest/Guest/Guest tournament at Deerwood on July 23. We ended up with 18 teams and everyone had a good time. Our next event is our Chapter Championship at BraeBurn Country Club, hosted by Terry Gill on Monday August 20. This tournament was rescheduled so if you signed up for the original date please confirm with Carrie Cole whether you still want to play. Of course we have plenty of room so please sign up. Check -in for the tournament starts at 9 with a shotgun start at 10am. Breakfast will be available before we tee off and lunch will be served afterwards.

The Board of Directors is looking for people to run for board positions for the 2019 year. If you are interested please contact Carrie Cole or any board member and we will make sure you have the information you need. Board service is a great way to serve your fellow superintendents and affiliates and meet new folks. New ideas are always welcome for education topics, meetings, venues, etc. and being on the board is the best way to have your voice heard.

Kyle Brown

STGCSA President





Member/Guest/Guest/Guest Results

Ist Place Team

58 – Justin Lonon, Chad Barrum, Pierce Reid, Aaron Cohen

2nd Place Team

59 – Jason Barrington, Perry Shaffer, Bryce Rodgers, Chris Webster

Proximities

#3 CTP - Brandon Cole

#13 CTP - Pierce Reid

#7 Longest Drive – Herbert Day

#16 Longest Drive – Ed Martinez

CLICK HERE TO VIEW PICTURES FROM THE EVENT

New Superintendent

Scholarship to 2019 GIS in

San Diego

STGCSA will grant scholarships for 2 deserving Superintendent



Members to attend the 2019 Golf Industry Show in San Diego. The applicants will be selected based on attendance at STGCSA meetings and need. Application coming soon. Please see Page 13 for more details.

Good Luck!



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50 Greatest Golf Quotes of All Time

I of 50

"Golf is a game whose aim is to hit a very small ball into an even smaller hole, with weapons singularly ill-designed for the purpose." - Winston Churchill

CLICK HERE TO READ ALL 50



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Staying Hydrated - Staying Healthy

When the temperatures rise, getting enough to drink is important whether you're playing sports, traveling or just sitting in the sun. And it's critical for your heart health. Keeping the body hydrated helps the heart more easily pump blood through the blood vessels to the muscles. And, it helps the muscles work efficiently. "If you're well hydrated, your heart doesn't have to work as hard," said John Batson, M.D, a sports medicine physician with Lowcountry Spine & Sport in Hilton Head Island, S.C., and an American Heart Association volunteer. Dehydration can be a serious condition that can



lead to problems ranging from swollen feet or a headache to life-threatening illnesses such as heat stroke.

How much water do you need? What does being well hydrated mean? The amount of water a person needs depends on climatic conditions, clothing worn and exercise intensity and duration, Batson said. A person who perspires heavily will need to drink more than someone who doesn't. Certain medical conditions, such as diabetes or heart disease, may also mean you need to drink more water. People with cystic fibrosis have high concentrations of sodium in their sweat and also need to use caution to avoid dehydration. And some medications can act as diuretics, causing the body to lose more fluid. Thirst isn't the best indicator that you need to drink. "If you get thirsty, you're already dehydrated," Batson said. Batson said the easiest thing to do is pay attention to the color of your urine. Pale and clear means you're well hydrated. If it's dark, drink more fluids. If you want to know exactly how much fluid you need, Batson recommends weighing yourself before and after exercise, to see how much you've lost through perspiration. It's a particular good guide for athletes training in the hot summer months. "For every pound of sweat you lose, that's a pint of water you'll need to replenish," Batson said, adding that it's not unusual for a high school football player, wearing pads and running through drills, to lose 5 pounds or more of sweat during a summer practice. Not sweating during vigorous physical activity can be a red flag that you're dehydrated to the point of developing heat exhaustion.

Water is best. For most people, water is the best thing to drink to stay hydrated. Sources of water also include foods, such fruits and vegetables which contain a high percentage of water. Sports drinks with electrolytes, may be useful for people doing high intensity, vigorous exercise in very hot weather, though they tend to be high in added sugars and calories. "It's healthier to drink water while you're exercising, and then when you're done, eat a healthy snack like orange slices, bananas or a small handful of unsalted nuts," Batson said. He cautioned against fruit juices or sugary drinks, such as soda. "They can be hard on your stomach if you're dehydrated," he said. It's also best to avoid drinks containing caffeine, which acts as a diuretic and causes you to lose more fluids. Batson says drinking water before you exercise or go out into the sun is an important first step. "Drinking water before is much more important," he said. "Otherwise, you're playing catch-up and your heart is straining."

Not just for athletes or exercise. Hydration isn't just important during physical activity. Sitting in the sun on a hot or humid day, even if you aren't exercising, can also cause your body to need more fluids. People who have a heart condition, are older than 50 or overweight may also have to take extra precautions. It's also a good thing to keep tabs on your hydration if you're traveling. "You might sweat differently if you're in a different climate," Batson said.







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GCSA

EDWIN BUDDING AWARD

Deadline for Nominations - August 31

The GCSAA Edwin Budding Award, presented in partnership

with Jacobsen, is given annually to an individual in the turf equipment industry whose actions have gone above and beyond the norm to help shape the turf equipment management industry into what it is today. Edwin Budding was one of those individuals who helped define golf, not as a player, but as an engineer. He designed the first reel mower, which has shaped golf as we know it today.

Criteria

Nominees must have influenced significant change within the turf equipment industry above and beyond normal day-to-day work. The contribution must be significant in both substance and duration and result in an actual, measurable accomplishment. The nominee must not have been a recipient of this award during the preceding 10 years. The winner will be chosen by the GCSAA Board of Directors, and the winner will receive the award at the annual Golf Industry Show.

Nominations

Nominations for the 2019 Edwin Budding Award are open through Aug. 31.

For more information contact Mollie Qualseth, Executive Assistant to the CEO, by email at mqualseth@gcsaa.org or by phone at 785-832-4410

CLICK HERE TO SUBMIT A NOMINATION

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GCSAA Field Staff Representative

John Walker - South Central Region

Before joining the GCSAA staff, John Walker was a superintendent, 30-year GCSAA member and past GCSAA board director.

JWalker@gcsaa.org

713-557-0279





STECSA Annual Chapter Championship

Monday, August 20, 2018

BraeBurn Country Club

Shotgun Start at 10am

Hosted by: Terry Gill

Registration Opens at 9am

Click Here to Register!

Save the Date Superintendent/Pro



BLACK HAWK

COUNTRY CLUB

September 11, 2018









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Assistants: Elevate your profile and differentiate yourself from the crowd with the new Assistant Superintendent Certificate Series (ASCS)

The ASCS is composed of certificates covering key competency areas of: Agronomy, Business, Leadership and Communication, and Environmental Management/BMP's.

The certificates are golf-centric, available to GCSAA members and non-members, and can be completed in any order. It is strongly recommended that an assistant superintendent has at least two years of work experience before beginning any of the ASCS certificates. However, the certificates are available to all and not limited to assistants.

Click Here for more Information

EQUIPMENT MANAGEMENT CERTIFICATE SERIES

Helping you maintain a comprehensive preventive maintenance program

GCSAA knows that each member of the golf course maintenance team plays a vital role in the success of their facility. Here we've collected tools and resources especially for those managing equipment. Enjoy the <u>benefits of Equipment Manager membership</u> to access education for no further fee.

TETCP PREP SERIES

GCSAA now has the first of our recorded series of "how-to" classes for the Turf Equipment Technician Certificate Program available in the Learning Hub, and featured below. These events will help you learn what to expect when you take each of the exams.

METALWORKING AND FABRICATION/SPRAY SYSTEMS TETCP RECORDING FROM GIS 2018

Refresh your brain with an overview on metalwork and fabrication and spray systems, presented by Trent Manning, equipment manager at Ansley and Settindown Creek Golf Club. Then, Eric Duncanson, equipment manager, Pine Needles and Mid Pines Golf Clubs, reviews spray system content.

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New ideas for the Association are always welcome!

If you have an idea or something you think we could improve on, please email Carrie Cole @ stgcsa@stgcsa.org

Board of Directors



We are looking for Members to run for Board Positions for the 2019 year. If you are interested, please contact Carrie Cole or any Board Member for more details. Serving on the Board is the best way to voice new ideas into the Association!

For more information, please email stgcsa@stgcsa.org



Click Here for All lob Postings

Click Here for GCSAA lob **Postings**

> (Superintendent Positions.

Asst. Positions,

Technician Positions, Affiliate/Sales Positions, Special Supt Positions, like ranches and sports fields are also listed on the website!)

Please email stgcsa@stgcsa.org when positions have been filled



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The South Texas GCSA is proud to announce the:

2018 STGCSA Marian Takushi Memorial GIS Scholarship

The STGCSA is sending two deserving Superintendent Members to the February 2019 Golf Industry Show in San Diego, California.

The scholarship will cover the cost of registration, round trip airfare between Houston and San Diego, 4 nights hotel stay, a \$50/day stipend and registration for one $\frac{1}{2}$ -day seminar.

The scholarship is intended to assist STGCSA Superintendent Members whose club does not normally pay for them to attend the conference, though all are welcome to apply.

The applicants selected will be asked to write a short article for the March 2019 Tee to Green issue recapping your experience and how you benefitted from attending the conference. If you are interested in applying, please fill out the application and return to stgcsa@stgcsa.org by October 1, 2018





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When you advertise in the STGCSA newsletter, Tee To Green

- 1. You can have more than one ad in each issue
- 2. You can put coupons, specials, or meetings in the ad
- 3. You can change your ad each month (even when you prepay for all the issues and take the discount! We just ask that you have your ad into the office by the 15th of the month PRIOR to the issue you are running the ad!)
 - 4. We do not offer email advertising as of now

STGCSA Contact Information:

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